

## ONLINE RESOURCES

We have heard great reports of Sunday School, Youth Fellowships, GB groups, Scout groups etc moving activities online. However, we know that 'Zoom fatigue' has been growing for us all, so it is important to think through activities that build relationship and create fun as we consider how to disciple young people and children in this difficult season. Below are a few great resources we have spotted for online activities.

**Youthscape: Headstrong Youth Group Programme:** This free resource can be used online and is to help young people better understanding anxiety, exploring what Jesus really said about fear and learning how to manage anxiety and respond well, so we can fear less in times when it feels the world around us is in chaos ([click here](#)).

**Youthscape: Operation Isolation:** A Youth group session exploring how we can do life well under limitation, lockdown and isolation. Can we find potential even in pandemic times? And where is God in it all? ([click here](#)).

**Walk With Me:** The Walk with me mentoring app is a great tool for these times. This app contain various journeys to enable adults to walk with young people through various stages of their faith journey – there is also a new specific session called 'Confronting Covid-19.' If you wish to resume or start the 'Walk with me' mentoring programme online, use the 'pod' option where you gather two leaders with up to 3 young people online rather than one to one ([click here](#)).

**Games to play on Zoom:** Great list of games to play on zoom from our friends in the British Methodist Church ([click here](#)).

**Creative ideas for children and families:** A series of videos by friends of IMYC, Play it by ear and Family worker Emma-Jayne Speers, to help us creatively engage with children ([click here](#)).

**Processing and Grieving:** Have you seen/used some of the ideas in the resource written by Leanne Hill our Training and Development Officer? These are designed to help children and young people process what has/is happening in this season, as their world has been turned upside down ([click here](#)).

**Kitchen Table:** Useful ideas and resources for families and children's leaders ([click here](#)).

**Messy Church:** Resources for messy church at home ([click here](#)).